

# BUILT BY DESIGN THE ART OF COACHING

## “Step #1 - Relate”

Vineyard Church of Conroe  
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### Sermon Notes

#### **Success is FINDING OUT WHAT GOD WANTS YOU TO DO AND DOING IT**

*For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do. Ephesians 2:10*

**A Coach helps us DEFINE OUR DESIGN as we...**

#### **RELATE, REFLECT, REFOCUS, RESOURCE, & REVIEW**

*We ask God to give you complete knowledge of his will and to give you spiritual wisdom and understanding. <sup>10</sup> Then the way you live will always honor and please the Lord, and your lives will produce every kind of good fruit. All the while, you will grow as you learn to know God better and better. Col 1:9-10 NLT*

#### **I. Coaching relationship and process defined**

#### **In the Relate Stage we define WHAT IS NEGOTIABLE AND NON-NEGOTIABLE IN OUR DESIGN**

*All you need to say is simply 'Yes' or 'No'; anything beyond this comes from the evil one. Matthew 5:33-37*

#### **II. Compatibility of coach and leader assessed**

#### **In the Relate Stage we define OUR FLEXIBILITY AND VERSATILITY IN REGARD TO PERSONALITY & BEHAVIOR**

*Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will. Romans 12:2*

#### **III. Rapport and mutual respect established**

**In the Relate Stage we define COMMON GROUND WITH HONOR & ESTEEM**

*"It's who you are and the way you live that count before God. Your worship must engage your spirit in the pursuit of truth. That's the kind of people the Father is out looking for: those who are simply and honestly themselves before him in their worship. God is sheer being itself—Spirit. Those who worship him must do it out of their very being, their spirits, their true selves, in adoration." John 4:23-24 MSG*

**IV. Trusting relationship begun**

**In the Relate Stage we define BARRIERS TO TRUST AND BEGIN BUILDING BEYOND THEM**

*Trust in the Lord with all your heart and lean not on your own understanding;<sup>6</sup> in all your ways submit to him, and he will make your paths straight. Proverbs 3:5-6*

**V. Coaching agenda and guidelines determined**

**In the Relate Stage we define AN AGREEMENT AND OUR COMMITMENT**

*So let's keep focused on that goal, those of us who want everything God has for us. If any of you have something else in mind, something less than total commitment, God will clear your blurred vision—you'll see it yet! Now that we're on the right track, let's stay on it. Philipians 3:15-16 MSG*