

#5 "Connecting with Our Physical Selves" The Vineyard Church of Conroe Raymond McDonald February 01, 2015

Sermon Notes

For in him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things have been created through him and for him. ¹⁷ He is before all things, and in him all things hold together.

Colossians 1:16-17

OUR LIFE IN CHRIST IS A Commitment to Connection

Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, ²⁰ for you were bought with a price. So glorify God in your body. 1 Corinthians 6:19-20

A Connection <u>WITH OUR PHYSICAL SELVES</u>

Is a Commitment TO AN INTEGRATED LIFE WITH GOD

I. Psalm 139:13-16 MSG

¹³⁻¹⁶ Oh yes, you shaped me first inside, then out; you formed me in my mother's womb. I thank you, High God—you're breathtaking! Body and soul, I am marvelously made! I worship in adoration—what a creation! You know me inside and out, you know every bone in my body; You know exactly how I was made, bit by bit, how I was sculpted from nothing into something. Like an open book, you watched me grow from conception to birth; all the stages of my life were spread out before you, The days of my life all prepared before I'd even lived one day.

We Can Connect with Our Physical Self when we...

Commit to HEALING & HEALTH AS PART OF GOD'S PLAN

Saying, "If you will diligently listen to the voice of the Lord your God, and do that which is right in his eyes, and give ear to his commandments and keep all his statutes, I will put none of the diseases on you that I put on the Egyptians, for I am the Lord, your healer." Exodus 15:26 ESV

II. Psalm 27:4

One thing I ask from the LORD, this only do I seek: that I may dwell in the house of the LORD all the days of my life, to gaze on the beauty of the LORD and to seek him in his temple.

We Can Connect with Our Physical Self when we...

Commit to APPRECIATING & CULTIVATING BEAUTY

When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place, ⁴what is mankind that you are mindful of them, human beings that you care for them? Psalms 8:3-4

III. Psalm 65:8-13

The whole earth is filled with awe at your wonders; where morning dawns, where evening fades, you call forth songs of joy. ⁹ You care for the land and water it; you enrich it abundantly. The streams of God are filled with water to provide the people with grain, for so you have ordained it. ¹⁰ You drench its furrows and level its ridges; you soften it with showers and bless its crops. ¹¹ You crown the year with your bounty, and your carts overflow with abundance. ¹² The grasslands of the wilderness overflow; the hills are clothed with gladness. ¹³ The meadows are covered with flocks and the valleys are mantled with grain; they shout for joy and sing.

We Can Connect with Our Physical Self when we...

Commit to ENJOY & PRESERVE CREATION

We know that the whole creation has been groaning as in the pains of childbirth right up to the present time. ²³ Not only so, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for our adoption to sonship, the redemption of our bodies. Romans 8:22-23